**JUNE 2017** 

STAFF
Carie Dick—Director
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# ARNOLD F. HABIG COMMUNITY CENTER OLDER AMERICANS

1301 St. Charles Street, Jasper, IN 47546 Phone: 812-482-4455

Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney	2 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hand & Foot 3pm-Money due for Badgett's	3
Center Open 1-4	5 9:00 Exercise Class 9:45 Exercise Class 12:30 Phase 10	6 11:15 Blood Pressure Checks 12:00 BINGO	7 7:30am-Sing up for Ellis Park 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Tripoley	8 9:00 Exercise Class No 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	9 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Golf 3:00 RSVP Lunch Bunch	10
Center Open 1-4	9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Pay Me	13 12:30 Dominoes 12:30 Scrabble	14 9:00-10:30 Free Computer Assistance 11:00 Water Aerobics 11:00 Lunch Bunch 12:30 Mah Jongg 12:30 Hearts	9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	16 8:30 Mah Jongg 10:00 Singing Seniors at Scenic Hills 12:30 Phase 10 3:00 RSVP Boomerama	17
Center Closed Fathers Day!!	19 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Golf 3:00 RSVP Catered Meal	20 11:15 Blood Pressure Checks 12:00 BINGO	8:15-Leave Schroeder for Toyota 9:00-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg	9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney	23 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Pay Me	24
Center Open 1-4	9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Texas Holdem	27 12:30 Hearts 12:30 Scrabble	28 9:00-10:30 Free Computer Assistance 11:00 Water Aerobics 12:00 Catered Meal 12:30 Mah Jongg 12:30 Tripoley	9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney	30 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Dominoes	

# AVAILABLE DAILY AT THE CENTER

- WALKING: In climate-controlled banquet room, twenty-five (25) laps equals a mile.

  Monday Friday from 8 a.m. until 3:45p.m.
- OUTSIDE WALKING TRAIL: Each lap equals 1/3 Mile. It is a good path for exercise and you can enjoy the warm weather as you walk.
- FITNESS ROOM: Open for your convenience Monday Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the
- CARDS: Card tables available for your use on a daily basis.

fitness room.)

• BILLIARDS/POOL: Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.

#### **RAINBOW MESSENGER**

- <u>PUZZLES</u>: We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.
  - COMPUTER LAB: The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. to answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.

#### **REGULAR SCHEDULED ACTIVITIES**

• <u>SINGING SENIORS</u>: Meet Friday mornings at 10 a.m. at the Older American Center. They will be singing at Scenic Hills on Friday, June 16th at 10:00 am..



• <u>BLOOD PRESSURE CHECKS</u>: Will be available in the Banquet Room starting at 11:15 a.m. on Tuesday, June 6th and June 20th.



• BINGO: We will play at 12 p.m. on Tuesday, June 6th and June 20th We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. \*\*\*You may want to bring a sweater or jacket, it sometimes gets cool.

If you would like to be a bingo caller on an as needed basis, please let Carie or Bev know!

- EXERCISE CLASS: Every Monday and Thursday morning at 9 a.m. in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!
- EXERCISE CLASS For more of a challenge, come in at 9:45 a.m. on Monday and Thursday mornings for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace. There will be no class on Thursday, June 8th!



#### **RAINBOW MESSENGER**



#### **CARD TOURNEYS**

- Thursday, June 1st Cinch Tourney
- Thursday, June 8th Rum Tourney
- Thursday, June 15th
   Sheephead Tourney
- Thursday, June 22nd Euchre Tourney
- Thursday, June 29th Rum Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- TEXAS HOLDEM: Will be played Monday, June 26th at 12:30 p.m. There is a \$1.00 charge for the chips and the winner receives the cash prize. Reservations are due by 10 a.m. the morning you play.
- <u>DOMINOES</u>: The Mexican Train version will be played at 12:30 p.m. on **Tuesday**, **June 13th and Friday**, **June 30th**. It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play**.
- PAY-ME: A game similar to Rum but played with 3 decks of cards, including the jokers will be played at 12:30 p.m. Friday, June 12th and Friday, June 23rd. Please call in by 10 a.m. if you are coming in to play.

- TRIPOLEY: Bring your pennies to play Tripoley at 12:30 p.m. on Wednesday, June 7th and Wednesday, June 28th. This game is lots of fun! Please call in by 10 a.m. if you are coming to play.
- SCRABBLE: How about a little challenge? Come in to play Scrabble at 12:30 p.m. Tuesday, June 13th and Tuesday, June 27th. Please call in by 10 a.m. if you are coming to play.
- PHASE-10: Will be played Monday, June 5th and Friday, June 16th at 12:30 p.m. It is a fun easy card game, Please call in by 10:00 a.m. if you are coming to play.
- HEARTS: We will play at 12:30 p.m on Wednesday, June 14th and Tuesday, June 27th. This game is easy to learn and very enjoyable. Please call in by 10:00 a.m. if you are coming to play.
- GOLF: The card game will be played Friday, June 9th and Monday, June 19th at 12:30 p.m. Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time, you'll enjoy playing! Please call in by 10:00 a.m. if you are coming to play.

- HAND AND FOOT: A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us Friday, June 2nd and Thursday, June 15th at 12:30 p.m. Please call in by 10:00 a.m. if you would like to come play.
- MAH JONGG: Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. If you can play, please call in by 10 a.m. to let us know. New players welcome
- BRIDGE: Free beginner and intermediate bridge lessons are available. Please call Cindy Kluemper at 812-482-3299 or Mary Ann Seng at 812-482-1101.

### **PLEASE NOTE:**

\*\* All activities and trips are open to <u>Dubois County residents</u> 55 years of age and older\*\*

#### **RAINBOW MESSENGER**

### \*\*\*SPECIAL ACTIVITIES\*\*\*

• <u>LUNCH BUNCH</u>: Join us at the Old School Café in Huntingburg on Wednesday, June 14th at 11:00 a.m. Ruebens are the special that day but they have many different menu items to choose from. As always the meal is "dutch treat". Reservations are due by 3:00 p.m. Friday, June 9th. Come enjoy good food and visit with friends!



- CATERED MEAL: Join us for a meal catered by the Schnitzelbank at Noon, Wednesday, June 28th. The menu will be assorted sausages, mashed potatoes with gravy, sauerkraut, glazed carrots, log cabin bread and unsweetened iced tea. Cost of the meal will be \$8.75 payable at the meal. Please have your reservations in to the Center by 3:00 p.m. on Monday, June 19th. We will not be able to add you after that date.
- <u>BOOMERAMA:</u> We are changing things up regarding this activity. Watch here for upcoming information as we move to a quarterly schedule.

• BOOK CLUB: On Thursday, June 8th at 12:30 p.m. we will be discussing *The Whistler* by John Grisham. The July book will be *The Woman in Cabin 10* by Ruth Ware. A travel magazine writer is given the assignment of a lifetime, a week on a luxury cruise! A beautiful week at sea turns cold as the seas grow rough and the skies darken. The journalist witnesses a woman being thrown overboard yet all passengers remain accounted for! Find out what happens to The Woman in Cabin 10 and join us for the July discussion. New members are always welcome. (Meet in the library at the Center)

• WATER AEROBICS: Jasper Municipal Pool every Monday & Wednesday morning at 11 a.m. Starting on June 12th. The cost of the 45 minute class is \$4.00 per person, or a swim ticket.



#### BIRTHDAY & ANNIVERSARY:

If you would like your birthday and/or anniversary to appear on the bulletin board at the Center , please let the staff know the month and day. Thank you!!

• BOOK SHELF: The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.

- <u>SUNDAYS</u>: The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.
- <u>BOCCE BALL:</u> We are wanting to find out how much interest there would be in a bocce ball court. If you are interested, please contact our office at 812-482-4455, Allen Sternberg 812-639-0394 or Ron Mehringer 812-639-7149

#### **RAINBOW MESSENGER**

## **TRIPS**

\*\* When signing up for trips, only 4 Dubois County residents, age 55+ per sign up, Thank you!

\*\*There is a \$25.00 charge for all returned checks

All future trips will be leaving from the **Schroeder Soccer Complex** on Second Street. Please park on the far East side of the lot near Clay Street.

## TOYOTA /DREAM CAR Wednesday, June 21st

Leaves Schroeder Soccer Complex at 8:15am, with pick ups in Huntingburg at 8:30am. Remember that you <u>MUST</u> wear long sleeves, long pants and closed toe shoes for safety reasons. Lunch will follow at the Golden Corral in Evansville, then on to the Dream Car Museum. Cost of the trip was \$36 and it was due May 30th.

## PATTI'S/BADGETT'S PLAYHOUSE Thursday, July 13th

We will leave at 8am with pickups in Huntingburg at 8:15am. We will arrive at Patti's for lunch, then on to Badgett's Playhouse to see "The Super 60's Show". Cost of the trip is \$90 due by Friday, June 2nd. Sign-ups were in May.

## ELLIS PARK TRIP Friday, August 11th

Friday, August 8th we will head to Ellis Park for a day or racing! We will leave from Schroeder at 11:00 a.m., with pick up at the Huntingburg upon request. Cost of the trip will be \$57.00 and includes transportation, buffet, race schedule, and reserved seating in the air conditioned Sky Theatre. Sign ups start by phone at 7:30 on Wednesday, June 7th. Money is due the center by 3:00 on Friday, July 7th.

## **Future Trips**

October-Covered Bridge November-Daviess County Amish December-Derby Dinner Playhouse

## **Recipe Exchange**

#### **EASY TACO SALAD**

## **Ingredients:**

1 pound ground beef 1 package (1-1/4 ounces) taco seasoning

1 medium head lettuce, shredded

2 medium tomatoes, seeded and chopped

1 cup bottled Catalina dressing

4 to 5 cups corn chips, crushed

2 cups (8 ounces) shredded cheddar cheese

Directions: In a skillet, brown ground beef; drain well. Stir in taco seasoning. Combine beef, lettuce, tomatoes, dressing, corn chips and cheese in a large serving bowl; toss well to mix. Serve immediately.

Yield 6-8 servings.

Recipe from Taste of Home.

Have a good recipe to share? We would be happy to publish it.

Call the Center at 683-2994 to make reservations for the Card Tourneys held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



Bingo will be held each Wednesday in June.

## **Reminders:**

- Reservations and down payment for Cape Cod trip are due by June 26th with final payment due by August 30th (Cost \$744).
- The Caribbean Cruise requires a deposit of \$100 per person by August 25th with final payment due October 11th (Cost \$1909-\$2159).
- All trips are open to anyone over 18 years of age.
- Games in the park are planned for every Thursday starting June 8th and ending August 31st. We have ladderball (hillbilly golf), corn hole, mini golf and possibly croquet.
- Feel free to come to the Center 8-5 Monday, Wednesday or Thursday for your choice of games or cards!

# HUNTINGBURG SENIOR CENTER JUNE 2017

There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others

The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship Boggle Skip-Bo Chinese Checkers Dominoes Uno Mastermind Monopoly Sorry Rummikub Left, Right, Center Yahtzee Puzzle books Sudoku Left, Right

Deer in the Headlights - A card & dice game. Several have learned to play this and really enjoy it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

\*\*We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.\*\*

Puzzles: We have one started, come in and help put it together!

## **CARRY-IN SUPPER**

Want to play cards and games in the evening? Come see us **Thursday**, **June 15th.** We will have a carry-in supper at 5pm. Come to eat or come later. We will be opne as long as people want to stay!

Get your Blood Pressure Checked the first Wednesday of the month from 12:30 - 1:00 p.m.

Join **THE SENIOR FUN GROUP** every Tuesday and Friday at 1:00 at Breakway Lanes, 104 E 13th Street, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes. Free coffee and popcorn.



## **JUNE BIRTHDAYS**

Susie Stemle	June 8
Rosie Schaefer	June 17
Linda Miller	June 24
John Kiefer	June 24
Shirley Hackman	June 27

# JUNE 2017



# **HUNTINGBURG SENIOR CENTER**

309 N Geiger St Huntingburg IN 47542 812-683-2994

Rita: 812-309-9576

Su	Mon	Tue	Wed	Thu	Fri	Sat
				1 CLOSED	2 1:00 Bowling	3
4	5 12:30 Cinch Tourney Sponsor: Brookside	6 1:00 Bowling	7 12:30 Blood Pressure Checks 1:00 BINGO Sponsor: So. Care Hospice 2:00 Cards & Games	8 9-11am-Games in the Park 1:00 Cards & Games	9 1:00 Bowling	10
11	12 12:30 Euchre Tourney Sponsor: The Timbers	13 1:00 Bowling	14 1:00 BINGO Sponsor: St. Charles 2:00 Cards & Games	15 9-11am-Games in the Park 5:00 Cards & Games	16 1:00 Bowling	17
18	19 12:30 Cinch Tourney Sponsor: Angels of Mer- cy	20 1:00 Bowling	21 1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games	22 9-11am-Games in the Park 1:00 Cards & Games	23 1:00 Bowling	24
25	26 12:30 Euchre Tourney Sponsor: Willowdale	27 1:00 Bowling	28 1:00 BINGO Sponsor: The Waters 2:00 Cards & Games	29 9-11am-Games in the Park 1:00 Cards & Games	30 1:00 Bowling	